

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 12 Number 6 (11/11)

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

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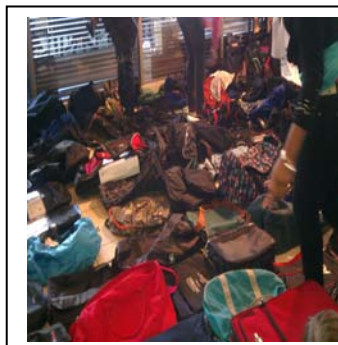
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This Month's Inspirational Quote: *"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."* ~Winston Churchill

2011 Make A Difference Day Turnout!!!

The 21st Make A Difference Day event was fantastic!!! We collected approximately 250 duffle bags and luggage with the help from our community partners. SaySo also hosted a Mentor Day for youth to come and join a fun day of volunteering while spending time with their peers. We had workshops on Healthy Teen Relationships, Social Media and The Influence of Popular Music.

SaySo would like to thank the Emily K Center for all their support to help make this event a great success. We would also like to thank Durham County DSS and BECOMING for their part in the 2011 Make A Difference Day!! A very special thanks to Afton A. from Wake County for her generous donation to our Make A Difference Day Project.



Words from our Young People...

The life I have lived has been a journey. A journey it has been from abuse to neglect to death of loved ones. I have lived a life that has been hard but I have learned not to dwell on the negative stuff and stay positive and look ahead not behind. I will never turn back on my journey. My journey is moving forward and I am moving with it.

David R., SaySo Board of Director

Tell us what your local chapter is up to for our next edition of "Having Our Say"

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Good News!

*-Here is this month's good news:
New LAW! Foster youths MUST
Get Credit Reports!*

A new law has just passed that required every youth in foster care age 16 and older must have a credit report every year while in foster care!

This is a great law because foster youths are at high risk of identity theft! This law went into effect September 30, 2011. In addition to getting an annual credit report, your social worker needs to help you understand what the report says and help you resolve any inconsistencies in the report. Be sure to talk to your social worker about it and get your report cleared up early.

To find out more information about this new law, please visit www.saysoinc.org !



SaySo Staff

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It's My Transition

The fall 2011 "It's My Transition" was hosted by SAYSO and Pitt County and Wilson County LINKS on November 5th. It was a wonderful day for everyone. The focus was on employment and building your personal support network. Roman, who is a Board of Director for SaySo and the Pitt County LINKS, spoke first. He talked about his life, school and his hopes and dreams. Roman is currently a student at East Carolina University studying Social Work.

During "It's My Transition", there was a workshop presented by Brenda Steigerwald from Youth at Work Program, Pitt County DSS. She provided great information on Employment.

We also had guest speakers from Pitt County Health Department, Pastor Coles from Churches Outreach Network, Nancy Ray who is a GAL Volunteer and Delta Sigma Theta Sorority - ECU Chapter. The whole day was filled with informational and eye opening activities and presentations.



Attention: North Carolina Foster Youth LINK-Up Youth Conference

January 28, 2012

Cape Fear Community College (North Campus)

Castle Hayne, NC

9:00 a.m. – 3:30 p.m.

The day will be filled with great information and fun activities for both youths and adults. Morning workshops will be followed by lunch and afternoon O-LINK-Pic Games. Participants will receive all conference supplies, door prizes, terrific workshop information, lunch, and refreshments. **Youth participants will also receive an end of day gift!**

Register online at www.saysoinc.org !!!!!!!