

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 9 Number 4

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

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SaySo Newsletters – ONLINE or BY MAIL?

SaySo WANTS your feedback for how we deliver our Newsletters. We would like to continue mailing them...but would also like to help GO GREEN and recycle more.



Visit the SaySo website... www.saysoinc.org and VOTE. We have the survey up NOW. Just look to the RIGHT HAND corner of the website! VOTE TODAY!

Adults – We want to hear from you too! Send us an email and let us know how you USE our Newsletter!

What's new in NC for foster youth?

NCREACH scholarships are now available - Any Foster Youth who has aged out of Foster Care or was adopted after 12 is NOW eligible for up to \$11,000 to attend a NC community college or a NC 4 year college.
www.ncreach.org - visit for more details!

Foster Care Board Rate Increase - The NC Legislation just increased the amount of \$\$ that Foster Parents receive. This money is there to help pay for extra curricula activities - For Foster Youth ages 13-18 the rate is now \$634!!!! (Effective January 2009).

Medicaid available for Foster Youth until 21 - The North Carolina legislature recently approved funding to provide Medicaid coverage to young adults now aged 18 to 21 who aged out of the North Carolina foster care system. This is available without regard to your income or assets. In order to apply for benefits, go to your local county Department of Social Services to apply. You will need to apply for all Medicaid programs. Make sure you take proof of citizenship, residency and your income with you when you apply!

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TOP TEN – Reasons to attend LINKS meetings!



10. **A chance to get out of the house**
9. **Fun activities**
8. **Learn job skills**
7. **Learn about living on your own**
6. **Learn about buying a car**
5. **Fun Guest Speakers**
4. **Learn money management skills**
3. **FREE FOOD**
2. **Meet other youth in Foster Care**
1. **Learn about \$\$ for Foster Youths!**

WWW.SAYSOINC.ORG

What is so great about the SaySo website??? EVERYTHING

LINKS to websites with great resources:

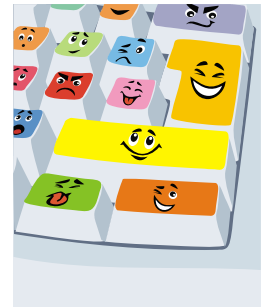
www.ncreach.org
www.fosterclub.org
www.fafsa.ed.gov

Information on Events:

All SaySo events Registration Forms are on the website!

News on current Legislation impacting NC Foster Care

SaySo is the official North Carolina website for Foster Youth!
Come and join in on the fun!!!!



Food Lion MVP Card

Each time you shop at Food Lion

Use your MVP card,

A portion of your total grocery purchase

Will be donated to **SaySo**.

Go to www.saysoinc.org

Click on the **BE INVOLVED** section

And **CLICK HERE** to enter your MVP card #...it's that easy to sign up! ☺

Don't Miss Out!



Use your personal MVP card each time you shop and receive:

- Great MVP Prices
- Personalized Coupons at the checkout and in your mailbox
- Entries into Sweepstakes and Promotions

SaySo is heading down to Orlando Florida in September for the Daniel Memorial Conference.

Let us know if you are also planning to attend the conference.

SaySo is also presenting 2 workshops - Make sure to stop by and check us out!