

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 9 Number 1

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

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Upcoming Events:

March 8th: SaySo Saturday
April 11-13: SaySo Survivor
May 18-23rd: SaySo Page Week

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SAYSO SATURDAY AND 10 YEAR CELEBRATION! MARCH 8, 2008 9:30 AM ~ 4:00 PM GUEST SPEAKER: GEORGE DUVALL



As a child, George Duvall's own family told him he would be dead or in prison by the time he was 13. By the time he was six, he was a thief, frequently truant from school, and involved with gangs. Then he spent 15 years in foster care and male facilities.

This history could have sealed a dead-end future for most youths... but not George Duvall. Today he is a college graduate, the director of programs for youth in foster care, coordinates Kentucky's youth advocacy program, and a nationally recognized motivational speaker, comedian, and trainer. He is also a devoted father and husband.

Register NOW to attend!

(Form enclosed or visit www.saysoinc.org)

SaySo Survivor III April 11-13, 2008 Camp Chestnut Ridge



LIFE SKILLS THAT
BUILD RESILIENCIES!



This year we will be meeting once again at Chestnut ridge to discover our own resiliencies through life skills that we have learned. Come prepared for FUN and EXCITEMENT with fellow foster youths through North Carolina!

Good Times:

COME JOIN THE FUN!

S'mores

Canoeing

Hiking

Hayrides

Horseback Riding

Yummy food

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TOP TEN

New Year Resolutions:



1. LOSE WEIGHT
2. GET A JOB
3. MAKE \$\$\$\$
4. FIND A BOYFRIEND/GIRLFRIEND
5. LEARN SOMETHING NEW
6. HANG OUT WITH MY FRIENDS MORE
7. QUIT DOING SOMETHING BAD
8. BE MORE ORGANIZED
9. BE NICER TO EVERYONE
10. DO BETTER IN SCHOOL



Did you know????

SaySo is a 501c3 organization!!

Support our 10 year Anniversary!

All donations are tax deductible ☺
FEIN# 71-5478864

Contact Rhiannon Galen at 1-800-820-0001

WWW.SAYSOINC.ORG

Make sure to SIGN UP on our Website – Only Takes 60 SECONDS!

EXTRA! EXTRA! – READ ALL ABOUT IT!!!



WHAT'S NEW WITH SAYSO??

When you check out our website make sure to keep an eye on our EVENTS section located on the LEFT HAND menu! This will provide you with dates, information, and even registration forms for any upcoming SaySo events that you may want to attend.

Also, do not forget to check out our LINKS section...

Each link was selected based on its usefulness for foster youth.

For example, we have a direct link to the FAFSA website and to Foster Club...

Each website has valuable information!

“FOR YOU” GUIDEBOOK COMING SOON:

LEGAL ISSUES: Have you ever wanted more information on the Foster Care system???

The **LEGAL SECTION** of the guidebook addresses many issues of concern for Foster Youth

WHAT IS A GAL??

FOSTER CARE TIMELINE-What the Social Worker does!

YOUR RIGHTS IN FOSTER CARE!



Finding Permanence



Speaking OUT!

We hope that this section will offer advice and support for foster youth so that they may have a better chance of getting their needs met!