

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 8 Number 5

About SaySo, Inc.

SaySo is a statewide association of youth aged 14 to 24 who are or have been in North Carolina's out-of-home care system. This includes all types of substitute care, including foster care, group homes, and mental health placements.

Our mission is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

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Officers

Co-chairs: Cherish C & LaRico C.
Secretary: Jackie S.
Treasurer: Reneka C.
Sergeant-at-arms: Dwayne W.

Upcoming Events:

January 26: LINK-Up at Pitt Community College in Greenville

March 8: SaySo Saturday and 10 year celebration

April: SaySo Survivor 3 Dates TBA

May: Page Week Dates TBA



JULY 2007 LINK UP: A WONDERFUL SUCCESS

This July's LINK Up was a HUGE success and we had our BIGGEST turn out EVER! Thanks to everyone who came and participated. We were able to discuss issues on Gangs and Drugs, Sex Education, and The College Experience. However, the most popular activities were our prizes and games. Our next LINK Up event will be held on Saturday, January 26, 2008 at Pitt Community College in Greenville, NC. Make sure to check out our website for more information☺!

Registrations will be available on-line at www.saysoinc.org.

SAYSO IS TURNING 10!!

AND we will be celebrating our anniversary at SaySo Saturday. This year it will be held on **March 8, 2008** (which is the second Saturday not the first). Make sure to mark your calendars for an event to remember.



We will be holding our celebration at **Castle McCullough** in Jamestown, NC. Yes, ladies and gentleman, I did say a **CASTLE!** Make sure to stay tuned for the next newsletter for the registration form to attend the 10 year celebration!

Registration and sponsorships for this celebration will also be available on-line at www.saysoinc.org

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WWW.SAYSOINC.ORG



Top Menu Bar on our website: Featured item for September

At the very top of our website page there is a menu. Included in the menu are very useful features that we want to bring to your attention. **Home, Contact Us, News, Links, and Current Newsletter** are the different selections. If you have a question or comment just click on the **Contact Us** section and we will respond as quickly as possible.

News: anything that is coming up will be placed on this section. For example, if you would like information on our 10 year anniversary, just click on News.

Links: we have placed several educational and foster youth websites on this section. These links are great resources for all foster youth, foster care workers, and foster parents.

Current Newsletter: You can access our current newsletter by clicking this link. This is useful for anyone who may ask you for information about SaySo.

Make sure to check out our website. Remember, you can always contact us with any questions or comments.

"FOR YOU" GUIDEBOOK COMING SOON:

Each newsletter we will feature a little piece of our upcoming guidebook for youth in foster care. Make sure to check out this section in each upcoming newsletter! The guidebook will be available in March 2008!

Supports in Foster Care: This section will discuss the different people that you will meet once you enter foster care and the roles they will have in your life. It will also address how to communicate with each person in order to get what you need!

Here's an example of what you can expect...

Thoughts and Words of Encouragement from Jackie S.

How do you communicate to your Social Worker?

BE NICE and respectful and do not be mean because if you are they will not listen to you and will not care!

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