

# Having Our Say

*The newsletter of SaySo, Strong Able Youth Speaking Out*

Volume 8, Number 2

## About SaySo, Inc.

SaySo is a statewide association of youth aged 14 to 24 who are or have been in North Carolina's out-of-home care system. This includes all types of substitute care, including foster care, group homes, and mental health placements.

Our mission is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

## Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birthdate, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

## Contact Information

SaySo, Inc.  
c/o ILR, Inc.  
411 Andrews Rd., Ste. 230  
Durham NC 27705  
Phone: 800/820-0001  
Fax: 919/384-0338  
Web Site: [www.saysoinc.org](http://www.saysoinc.org)  
Email: [sayso@ilrinc.com](mailto:sayso@ilrinc.com)

## Officers

Co-chairs: Curtina K. and  
Cherish C.  
Secretary: Jackie S.  
Treasurer: Britney M.  
Sergeant-at-arms: Shelby E..



**SaySo Saturday was a great time for all including the debut of our new video called "For You." We elected new Board Members who will start their service in June. Below is a list of the new board members:**

### Region 1:

Amber S.  
Britney M.  
Cherish C.  
Jackie S.  
Kyle S.

### Region 2:

Chaetez C.  
La Rico C.  
Reneka C.

### Region 3:

Evalee F.  
Summer Hope G.  
Vincent S.

### Region 4:

Nicole L.  
Sarnia W.  
Vanessa Nichole F.

### Region 5:

Ashley W.  
Jasmine E.  
Shawda E.

**Congratulations to our new Board of Directors. We look forward to working together with all of you! As Board Members, you should be at SaySo Survivor. Please contact us as to how you can attend.**

**Call 800.820.0001**

**Please keep checking the web site for new information. Once our online community is up, we all can stay in close touch via the web site. If you would like a little bit of your life story on the web site, please contact me at [Adrian.mcmullan@ilrinc.com](mailto:Adrian.mcmullan@ilrinc.com) or,**



**<http://www.saysoinc.org>**

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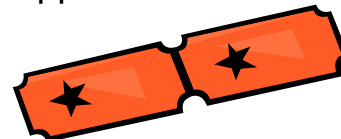
**SaySo Survivor is a weekend retreat that involves fellowship and the teaching of leadership principles. We hold this retreat in beautiful Chestnut Ridge Camp, located at 4300 Camp Chestnut Ridge, Efland, NC 27243. Contact your DSS worker or your Legal Guardian to make plans quickly as this event fills up fast. We look forward to having an exciting time of growth and fun in the beautiful outdoors.**

## Page Program a Great Opportunity for You!

### What it is:

- Opportunity to see first hand how laws are made!
- You participate in the legislative process with other youths!
- A one week term when the General Assembly is in session
- Must be between 15 and 18
- Actually **get paid for your service** and you will learn a lot and grow
- Have something very valuable for your resume that will help with future employment
- **SaySo** week is from May 7<sup>th</sup> through the 11<sup>th</sup>.
- Email to receive an application at [sayso@ilrinc.com](mailto:sayso@ilrinc.com)
- Or call toll free to request an application at 800.820.0001

## Up and Coming SaySo Events



- **SaySo Survivor Retreat** - April 27<sup>th</sup> - April 29<sup>th</sup> at Camp Chestnut Ridge (registration forms available on the web site - <http://www.saysoinc.org>)
- **SaySo Page Week** - May 7<sup>th</sup> - May 11<sup>th</sup>. See above article!

### Board Member Contact:

#### Region 1

Cherish- Co-Chair

[fairylove8426@hotmail.com](mailto:fairylove8426@hotmail.com)

Britney- Treasurer

[brit691@hotmail.com](mailto:brit691@hotmail.com)

Jackie

[jmsparks15@yahoo.com](mailto:jmsparks15@yahoo.com)

#### Region 2

No representation at this time.

#### Region 3

Shelby- Sgt. At Arms

[Redheadedsweetie92@yahoo.com](mailto:Redheadedsweetie92@yahoo.com)

#### Region 4

Peaches

[peaches\\_sanders@yahoo.com](mailto:peaches_sanders@yahoo.com)

Muhammad

[Martian\\_afonaut1134@yahoo.com](mailto:Martian_afonaut1134@yahoo.com)

Curtina- Co-Chair

[Tinabell12@hotmail.com](mailto:Tinabell12@hotmail.com)

Brittney

[Sugarsmack94@yahoo.com](mailto:Sugarsmack94@yahoo.com)

#### Region 5

No representation at this time.

#### Region 6

No representation at this time.

### Program Coordinator

Adrian

[Adrian.mcmullan@ilrinc.com](mailto:Adrian.mcmullan@ilrinc.com)

### Executive Director

Nancy

[Nancy.carter@ilrinc.com](mailto:Nancy.carter@ilrinc.com)

