

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 7, Number 6

About SaySo, Inc.

SaySo is a statewide association of youth aged 14 to 24 who are or have been in North Carolina's out-of-home care system. This includes all types of substitute care, including foster care, group homes, and mental health placements.

Our mission is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, age, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

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c/o ILR, Inc.
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Durham NC 27705
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Fax: 919/384-0338
Web Site: www.saysoinc.org
Email: sayso@ilrinc.com

Officers

Co-chairs: Curtina K. and
Cherish C.
Secretary: Jackie S.
Treasurer: Britney M.
Sergeant-at-arms: Shelby E..



SaySo Video



- **SaySo** will produce a video that will first be seen on **SaySo Saturday**
- It will also be on our web site.
- This video will feature some of our **SaySo** members
- They will speak on topics of interest to youths

Why are we producing this?

It is our goal to provide as much needed information to youths as possible. We believe the more information a youth can have on topics such as:

- having a support system while in foster care
- having contact with birth families
- legal issues and preparation for leaving the system,

...the more prepared they will be for success in their lives.

- **Jason Flynn**, a graduate student at **UNC Greensboro**, will be lending us his talents in the shooting of this short film.
- Anyone desiring to give us suggestions or input is welcome to do so by emailing to sayso@ilrinc.com. We will shoot this film the first **week in January** at the **ILR office in Durham**.

To view a similar video,
please visit www.youthinprogress.org

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SaySo's New Web Site

Board Member Contact:

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Executive Director

Nancy

Nancy.carter@ilrinc.com

SaySo will have a *cool new design soon*. Our new site will feature:

- An update your "contact information" form
- Join **SaySo** form
- A message and topic of interest board for members
- A job board for all the regions in North Carolina

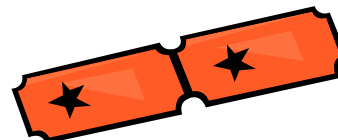
You are welcome to send in your suggestions by emailing to sayso@ilrinc.com.

SaySo Welcomes Adrian McMullan



Adrian McMullan will now be assisting **Nancy Carter** with **SaySo** projects as well as carry the responsibility for the development and maintenance of our new web site and video. To contact **Adrian**, you may email to sayso@ilrinc.com.

Next SaySo Events



- **Link Up** - February 3rd, Lake Waccamaw
- **SaySo Saturday** - March 3rd, GTCC Jamestown

Stay tuned for more information on upcoming events in our next Newsletter and on our new web site.

